



HANDWRITING

HOW TO SUPPORT HANDWRITING AT HOME

PENCIL GRIPS

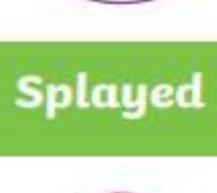
- In Reception we aim for children to use the tripod grip when writing. Here you can see the progression children make in their handwriting grip.

Early Years Pencil Grip Development

Palmar Grip



Digital Pronate Grip



Splayed Four-Finger Grip



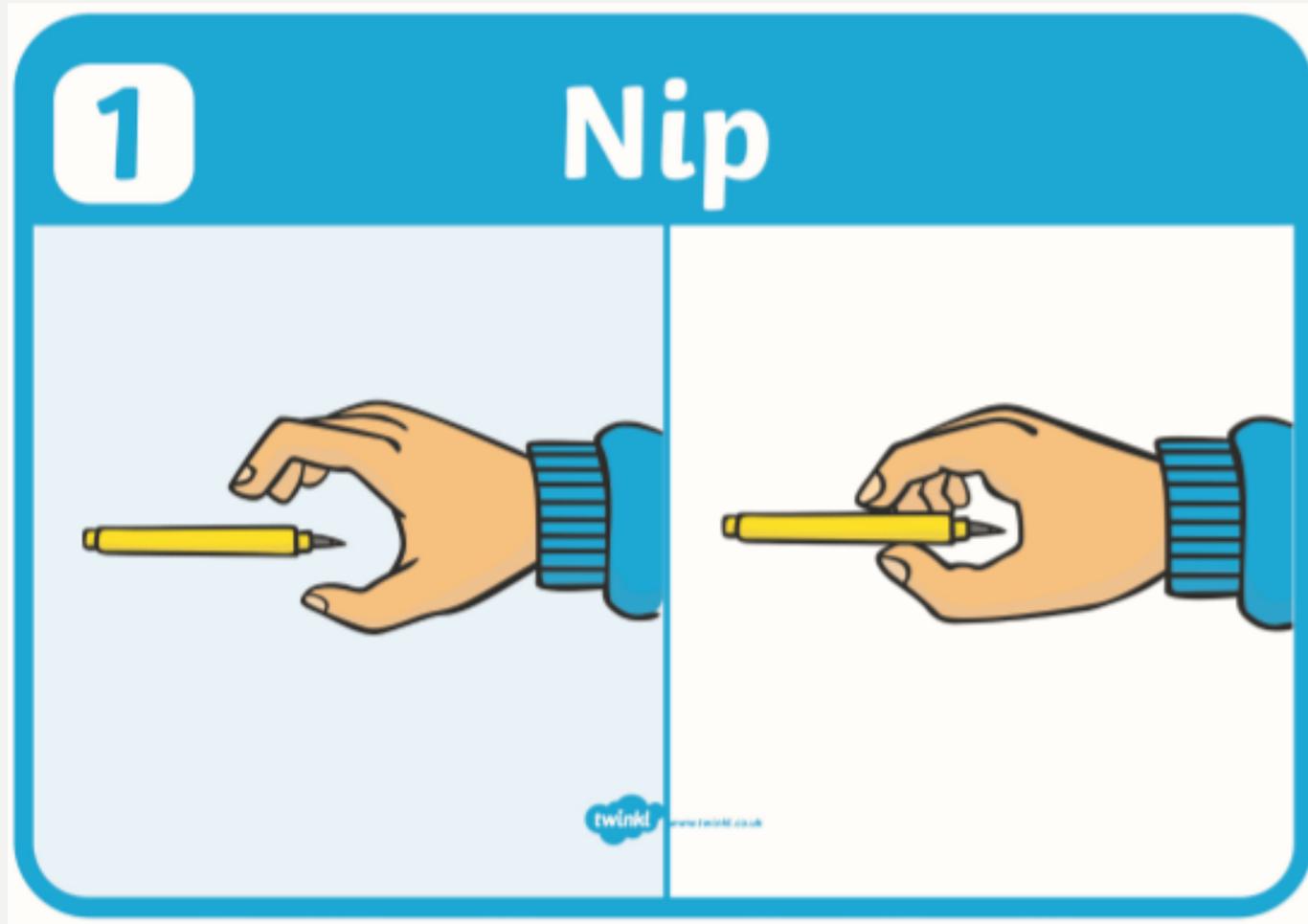
Static Tripod and
Quadropod Grip



Dynamic Tripod Grip

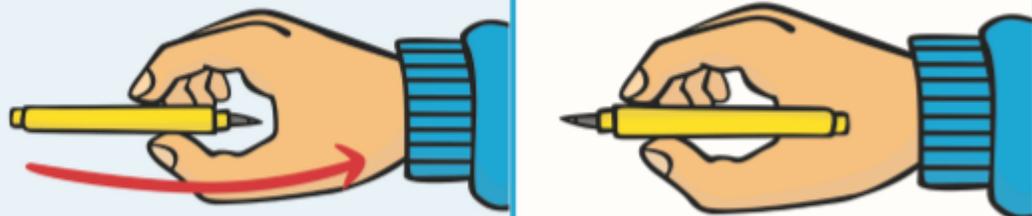


STEPS TOWARDS A TRIPOD GRIP



2

Flip



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3

Grip



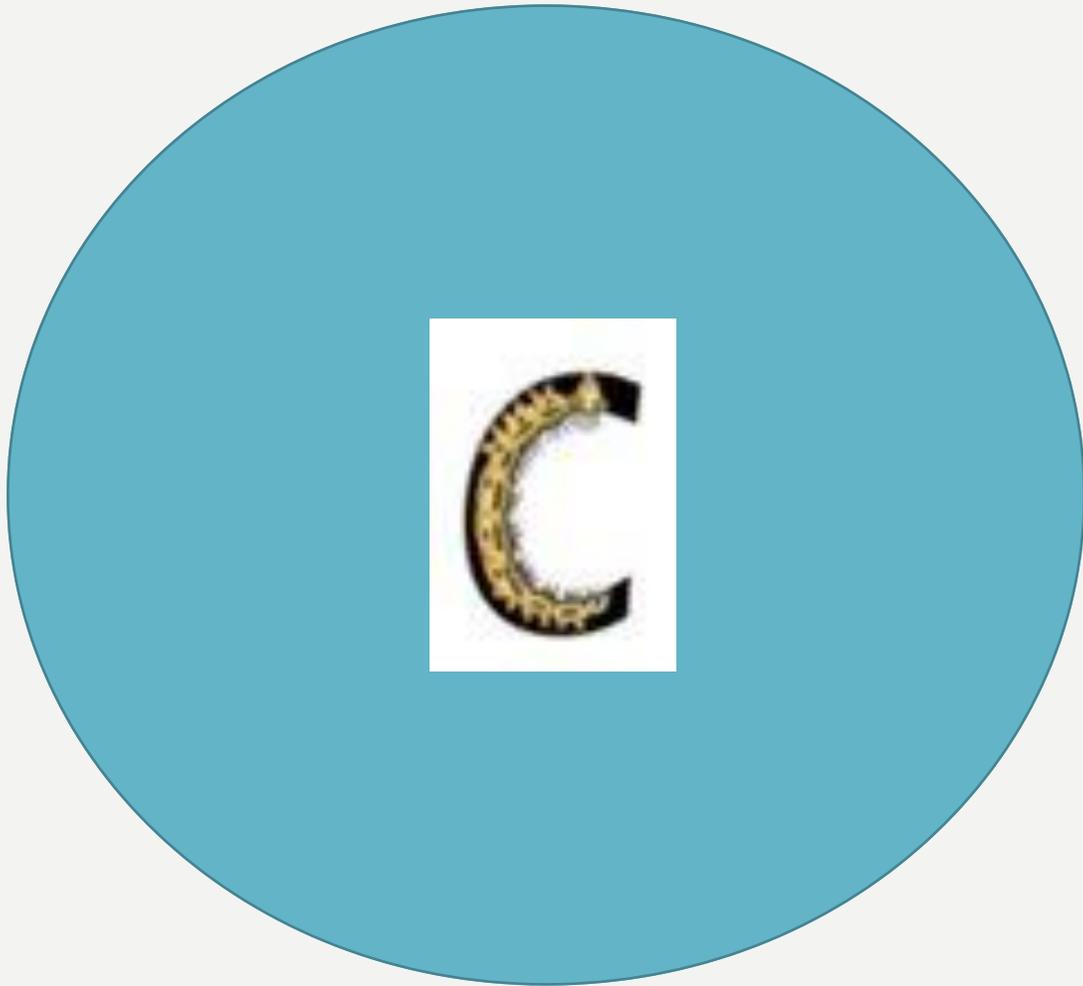
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‘Round the apple, down
the leaf’



‘Down the laces to the
heel and round the
toes’



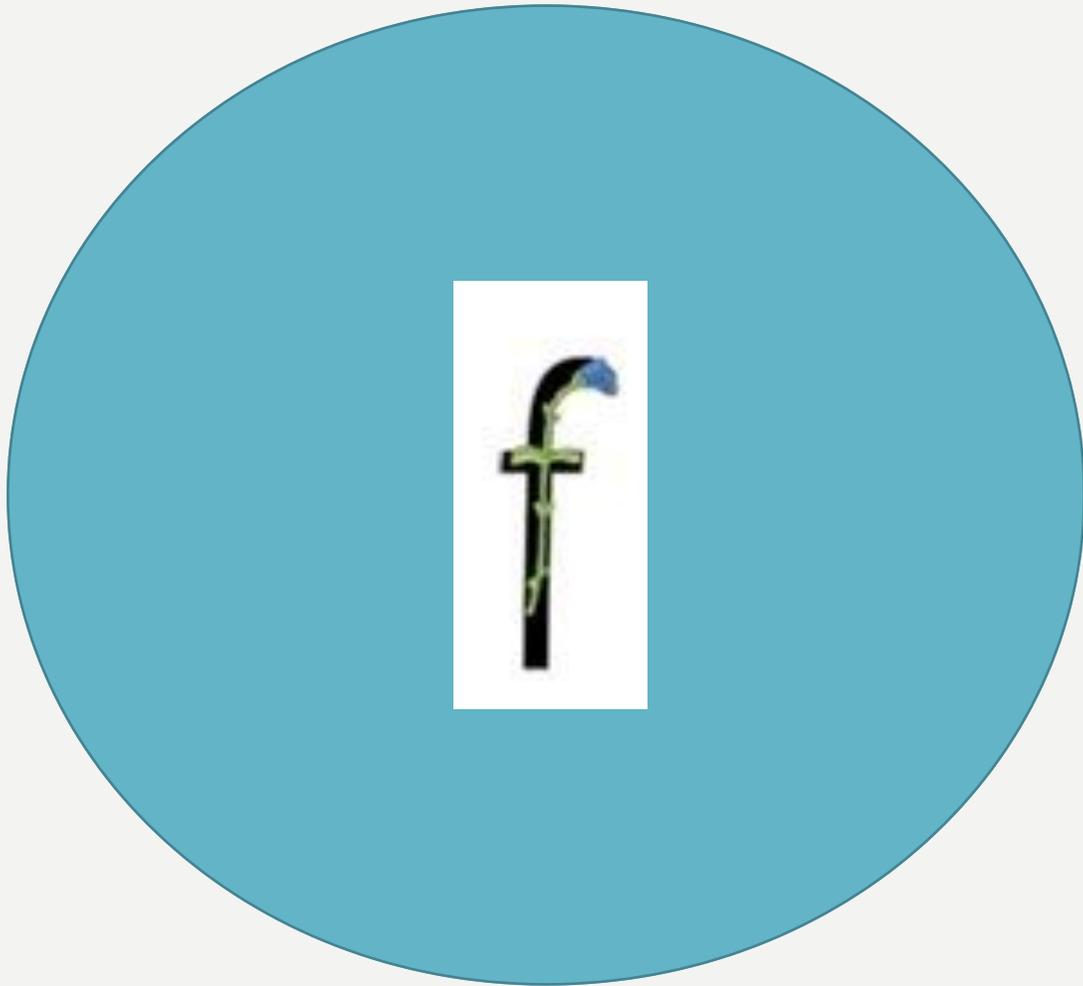
**‘Curl around the
caterpillar’**



‘Around the dinosaurs
bottom, up his tall neck
and down to his toes’



‘Lift off the top and
scoop out the middle’



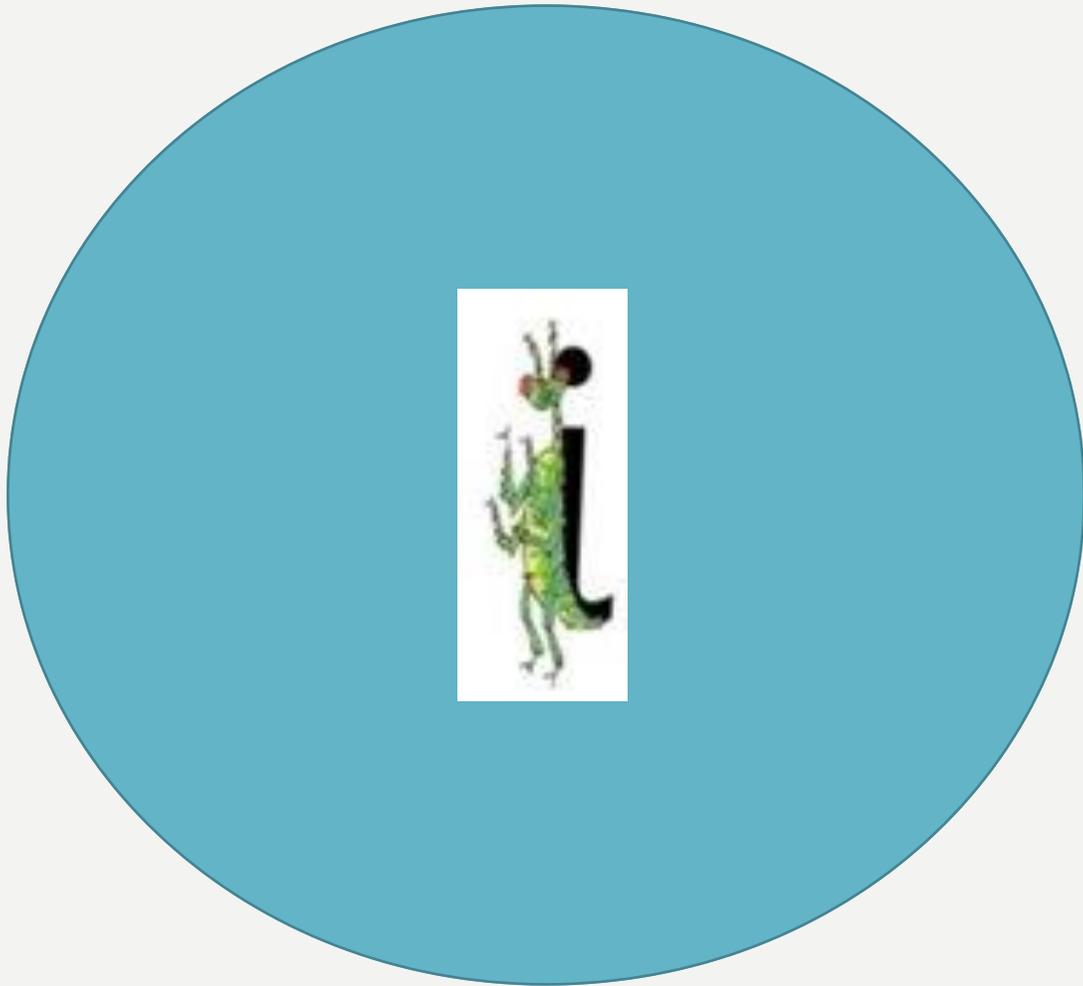
‘Down the stem and
draw the leaves’



‘Around the girls face,
down her hair and give
her a curl’



‘Down the head to his
hooves and over his
back’



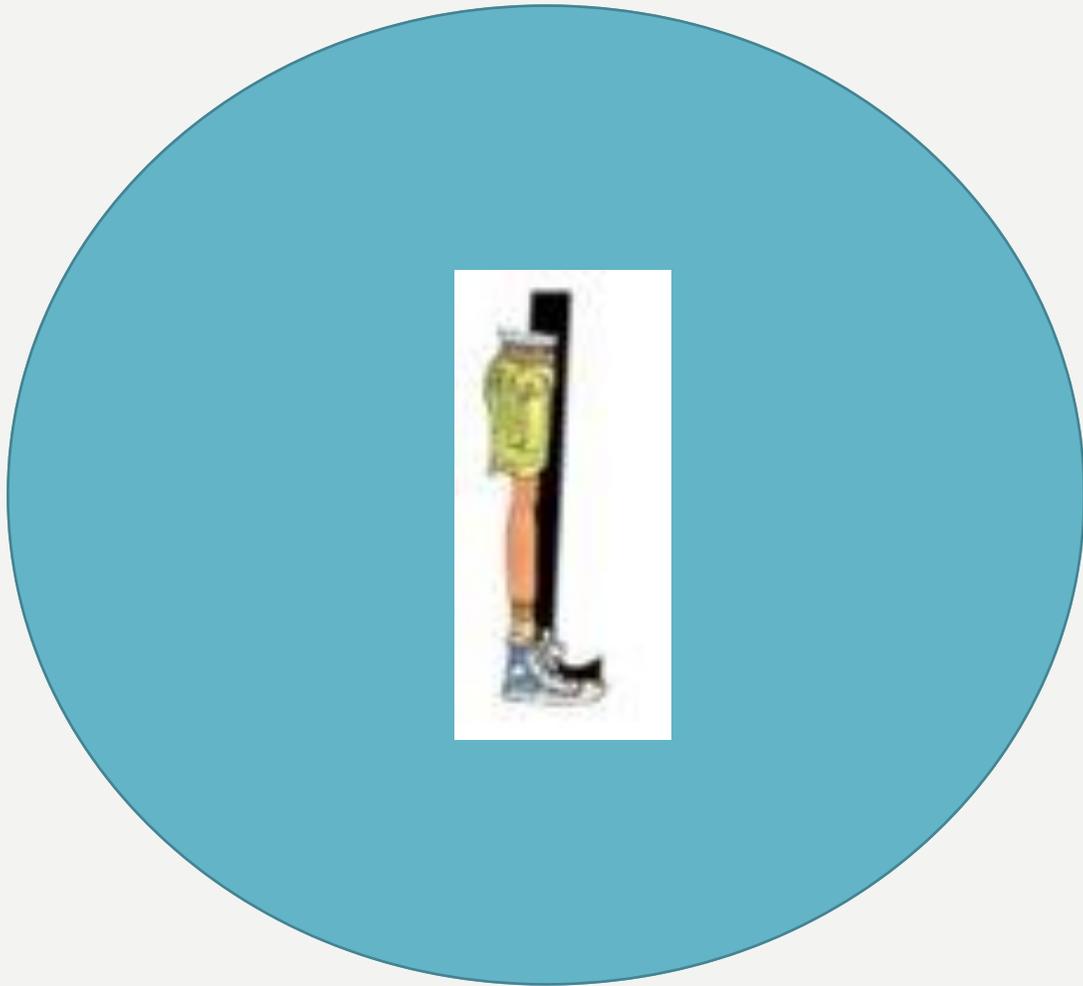
‘Down the body and
dot for the head’



‘Down his body, curl,
dot for his head’



‘Down the kangaroo’s
body, tail and leg’



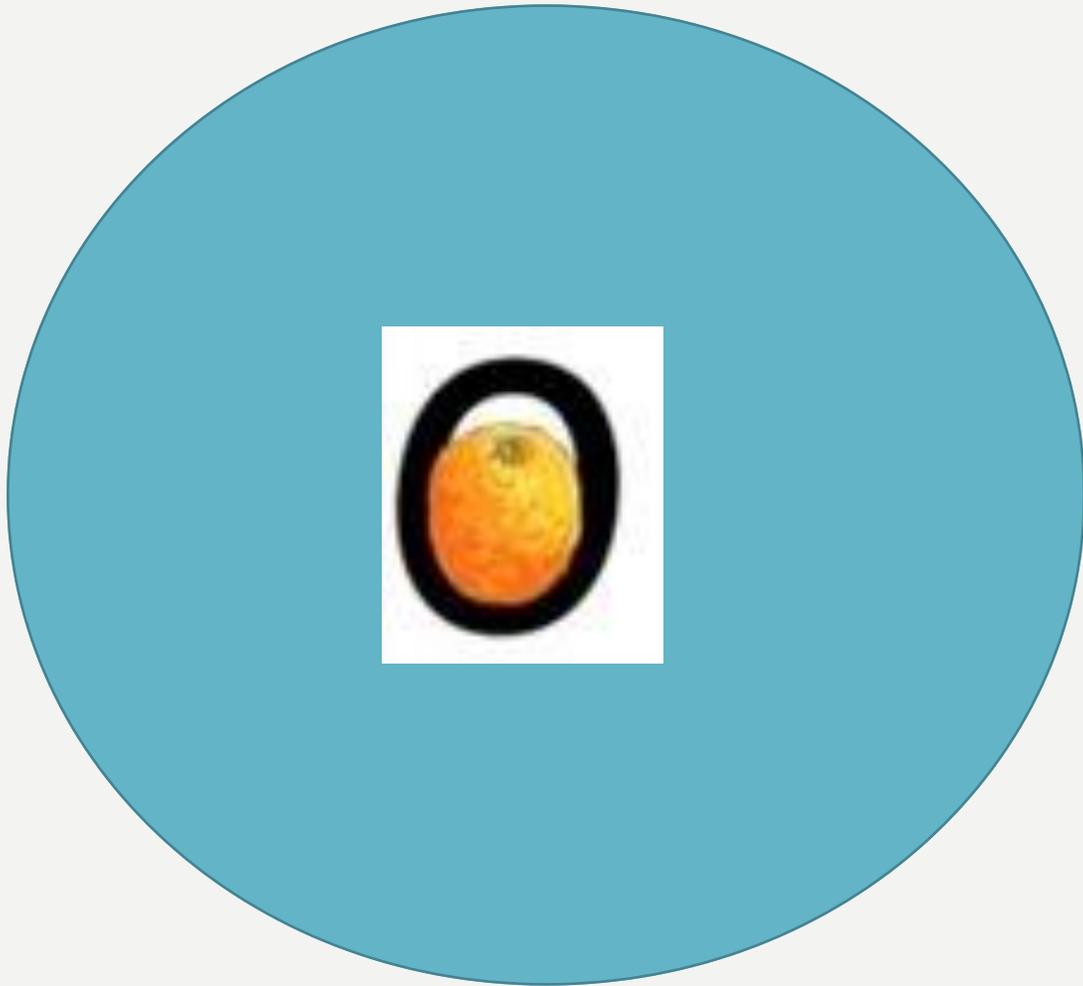
'Down the long leg'



‘Down Maisie, mountain,
maountain’



‘Down Nobby and over
his net’



'All around the orange'



‘Down the pirates plait
and around his face’



‘Round her head, up
past her earring, down
her neck and flick’



‘Down the robots back
and curl over his arm’



'Slither down the snake'



‘Down the tower,
across the tower’



‘Down and under, up to
the top and draw the
puddle’



‘Down a wing, up a
wing’



‘Down, up, down, up’



‘Down the arm and leg,
repeat the other side’



‘Down a horn, up a
horn and under the
head’



'Zig-zag-zig'