



# **HANDWRITING**

**HOW TO SUPPORT HANDWRITING AT HOME**

# PENCIL GRIPS

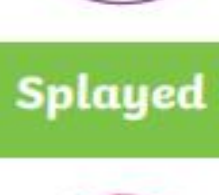
- In Reception we aim for children to use the tripod grip when writing. Here you can see the progression children make in their handwriting grip.

## Early Years Pencil Grip Development

Palmar Grip



Digital Pronate Grip



Splayed Four-Finger Grip



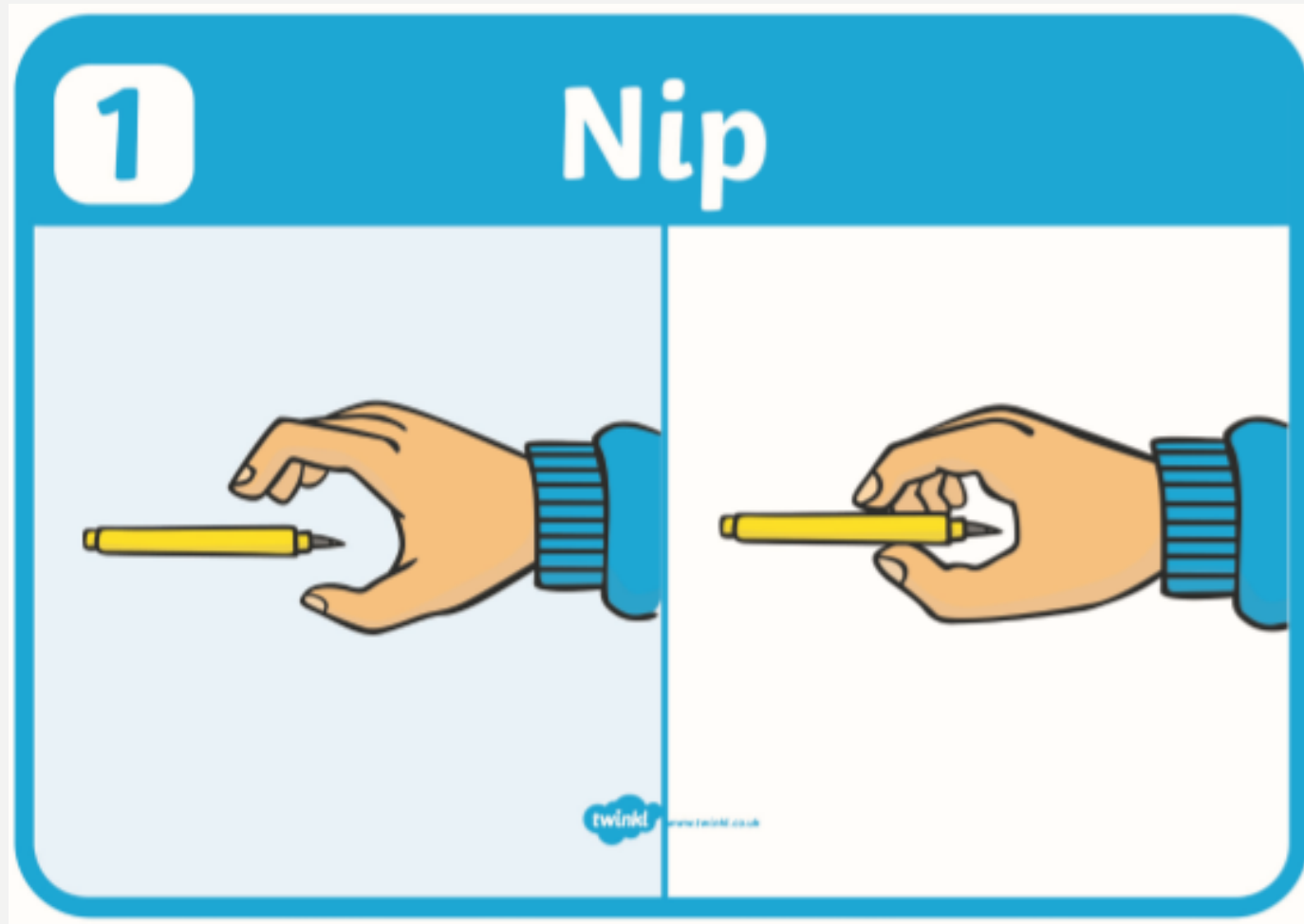
Static Tripod and  
Quadropod Grip



Dynamic Tripod Grip

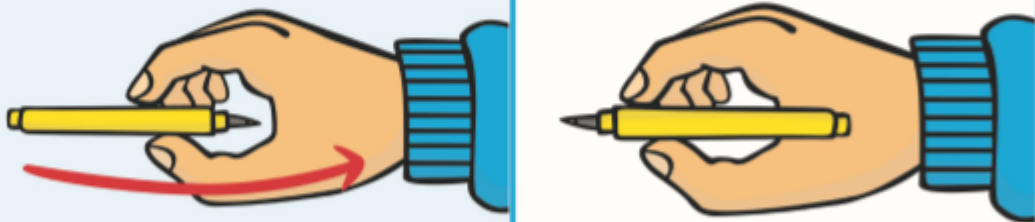


# STEPS TOWARDS A TRIPOD GRIP



2

Flip



twinkl [www.twinkl.co.uk](https://www.twinkl.co.uk)

3

Grip



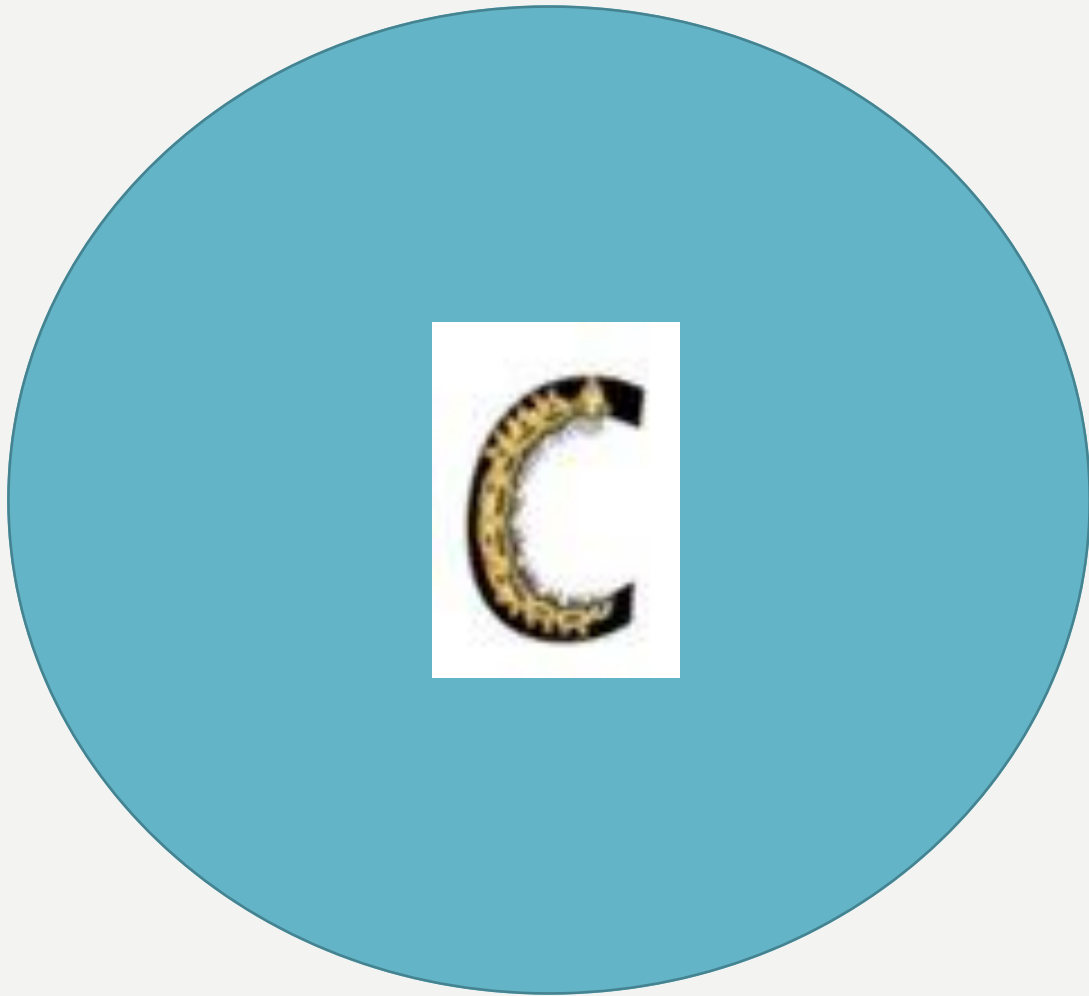
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‘Round the apple, down  
the leaf’



‘Down the laces to the  
heel and round the  
toes’



**‘Curl around the  
caterpillar’**

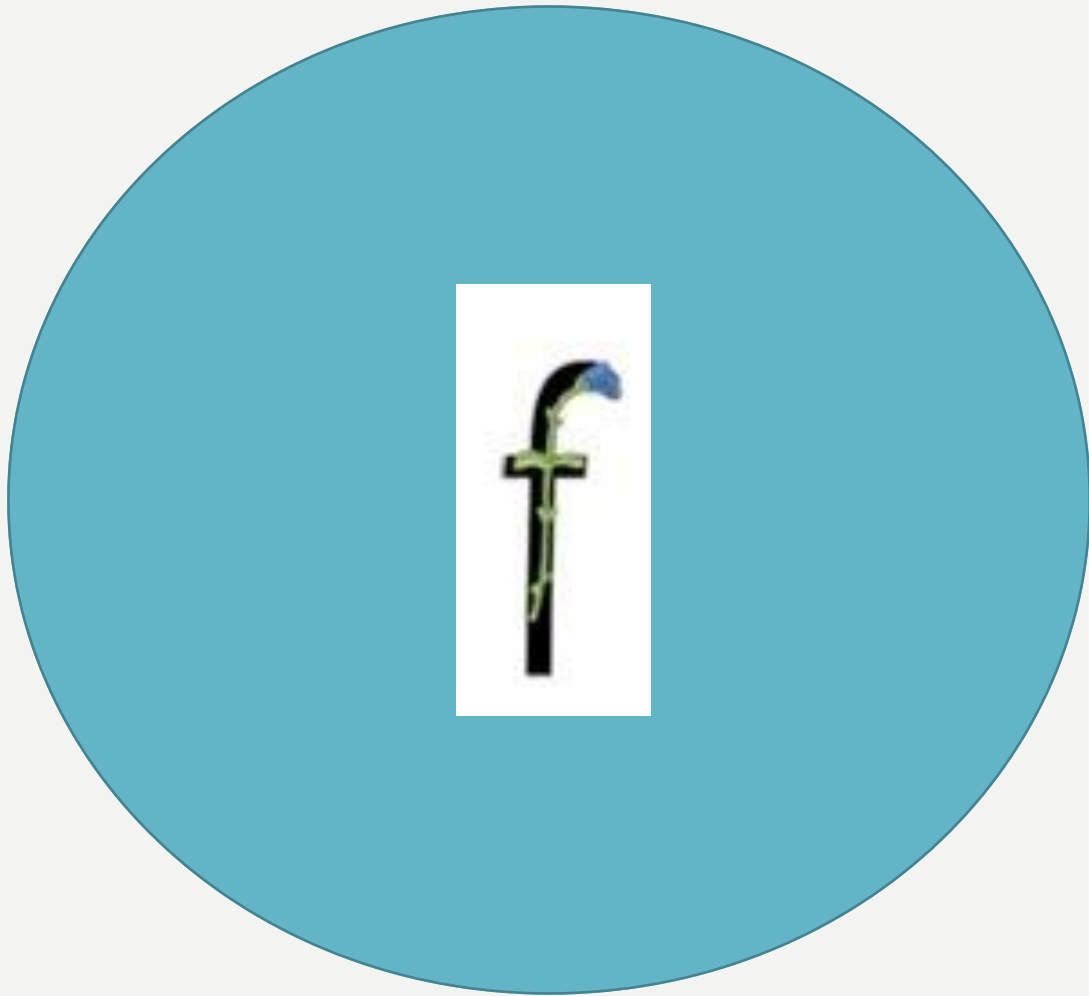


‘Around the dinosaurs  
bottom, up his tall neck  
and down to his toes’





‘Lift off the top and  
scoop out the middle’



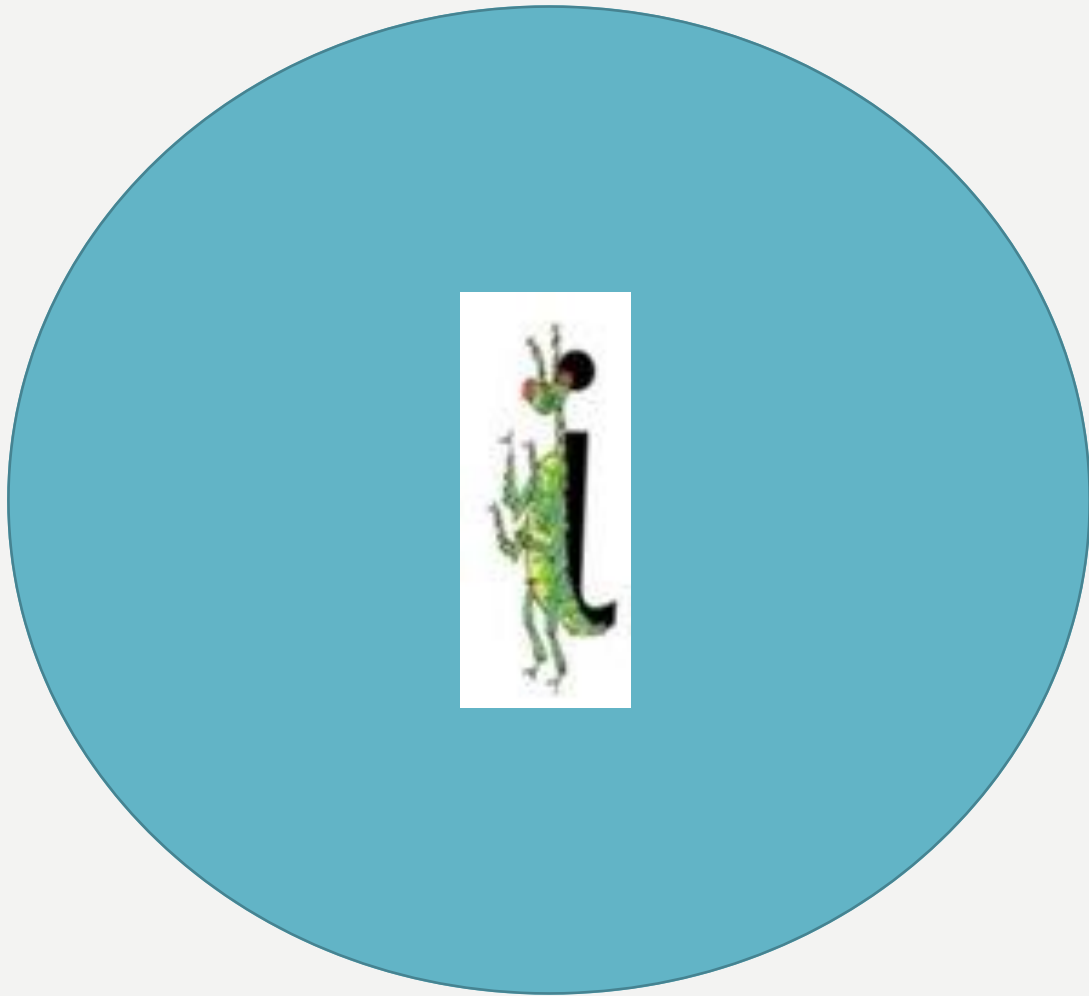
‘Down the stem and  
draw the leaves’



‘Around the girls face,  
down her hair and give  
her a curl’



‘Down the head to his  
hooves and over his  
back’



‘Down the body and  
dot for the head’



‘Down his body, curl,  
dot for his head’



‘Down the kangaroo’s  
body, tail and leg’



'Down the long leg'

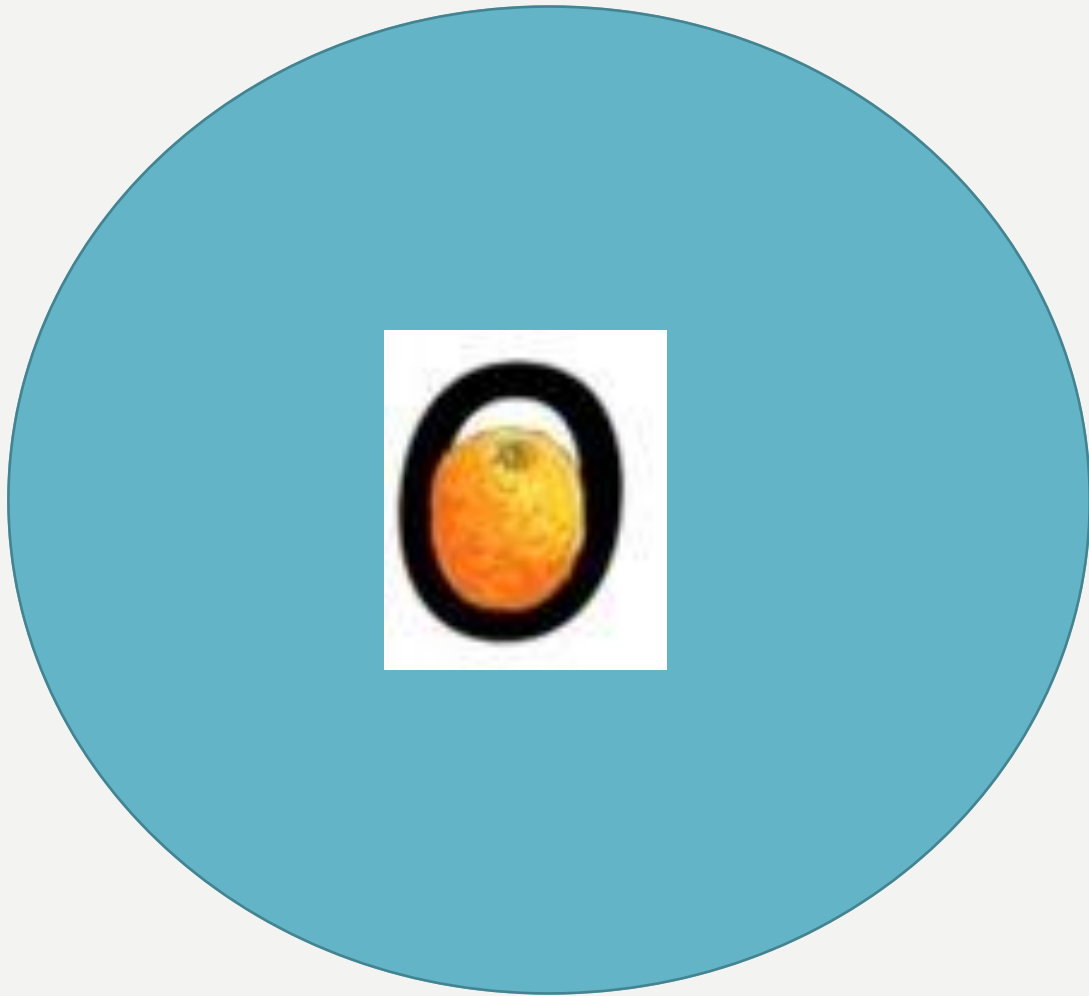




‘Down Maisie, mountain,  
maountain’



‘Down Nobby and over  
his net’



**‘All around the orange’**



‘Down the pirates plait  
and around his face’



‘Round her head, up  
past her earring, down  
her neck and flick’



‘Down the robots back  
and curl over his arm’



‘Slither down the snake’



‘Down the tower,  
across the tower’





‘Down and under, up to  
the top and draw the  
puddle’



‘Down a wing, up a  
wing’



‘Down, up, down, up’



‘Down the arm and leg,  
repeat the other side’



‘Down a horn, up a  
horn and under the  
head’



'Zig-zag-zig'