

Beacon Primary Academy - PE Curriculum Journey Map (2023/24)

Year Group	Concepts / NC Aims	PE Pillars of Progression (Ofsted, 2022)	Autumn		Spring		Summer		National Age-Related Expectations EYFS ELGs / NC Attainment Targets				
			Term 1	Term 2	Term 3	Term 4	Term 5	Term 6					
R	Personal, Social and Emotional Development Physical Development Expressive Arts and Design	<div style="display: flex; flex-direction: column; align-items: center; justify-content: space-around;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold;">Including Context-Specific</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold;">Motor Competence (Fundamental Movement Skills)</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold;">Simple Tactics</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold;">Rules, Strategies and Tactics</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold;">Healthy Participation</div> </div>	Develop FMS in classroom outdoor area- use of bikes, balancing and climbing equipment, forest time.	Develop FMS in classroom outdoor area- use of bikes, balancing and climbing equipment, forest time.	FMS- Improve throwing (Power of PE)	FMS- Improve balance (Power of PE)	Multiskills (Power of PE)	FMS- Improve agility (Power of PE)	<p>PSED ELG: Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>PD ELG: Manage their own basic hygiene and personal needs, including dressing</p> <p>EAD ELG: Work and play cooperatively and take turns with others.</p> <p>PD ELG: Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>EAD ELG: Demonstrate strength, balance and coordination when playing.</p> <p>EAD ELG: Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p>EAD ELG: Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.</p>				
			Multiskills	Celebrations (Power of PE)	Laser Tag	Ball skills	FMS through Balanceability	Laser Tag					
1	Develop competence to excel in a broad range of physical activities.		Health Related Exercise (power of PE)	Improve balance (Power of PE)	Dance (Power of PE)	Multiskills (Power of PE)	Improve catching	Athletics (Power of PE)					
			Gymnastics	FMS- linked to football skills	Laser Tag	Ball skills	Balanceability	Laser Tag					
2			Are physically active for sustained periods of time.	Gymnastics	Rugby Fundamentals (Power of PE)	Dance (Power of PE)	Multiskills	Health Related exercise (Power of PE)		Athletics			
				Boxercise	Fencing	Laser Tag	Archery	Balls skills		Laser Tag			
3				Engage in competitive sports and activities.	Gymnastics	Dance (Power of PE)	Tag Rugby	Multiskills		Dance	Athletics		
					Boxercise	Fencing	Laser Tag	Archery		Football	Laser Tag		
4					Lead healthy, active lives.	Gymnastics	Dance (Power of PE)	Tag Rugby		Netball (Power of PE)	Swimming	Athletics	
						Boxercise	Fencing	Laser Tag		Archery	Multiskills (Power of PE)	Laser Tag	
5						Engage in competitive sports and activities.	Swimming	Dance		Multiskills (Power of PE)	Cricket	Swimming	Athletics
							Boxercise	Fencing		Tag Rugby	Archery	First Aid	OAA
6		Engage in competitive sports and activities.					Swimming	Dance	Multiskills (Power of PE)	Non- traditional training and fitness	Rounders	Athletics	
							Boxercise	Fencing	Tag Rugby	Archery	First Aid	OAA	

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			Boxercise	Fencing	Tag Rugby	Archery	First Aid	OAA	
KS3 AIMS	<p>Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.</p> <p>They should understand what makes a performance effective and how to apply these principles to their own and others' work.</p> <p>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.</p>								

Delivered by JB sports (core) JB enrichment